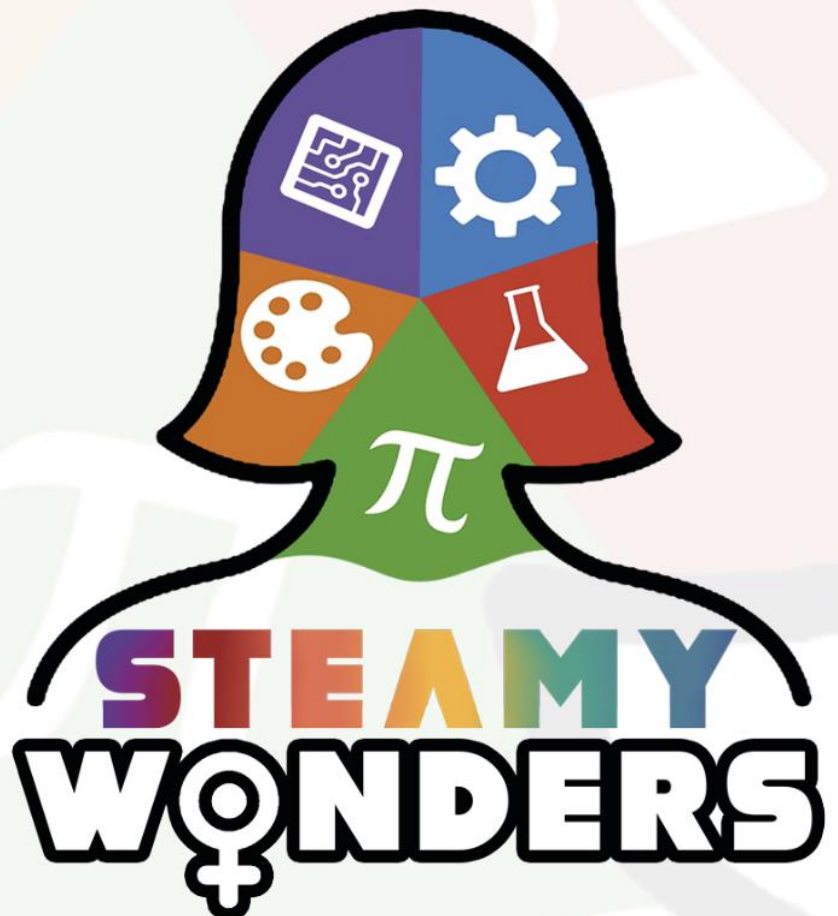


Tutor Handbook

Science – Personal resilience



STEAMY WONDERS Tutor Handbook

The aim of this short handbook is to support you, as an experienced trainer or career advisor to use the STEAMY WONDERS Interactive Infographics with learners in your centre. If you are currently working as a Learning and Development professional within a larger organisation or company, this handbook will help you to introduce the STEAMY WONDERS Interactive Infographics in your workplace. When developing these Interactive Infographics, the focus has been to support female learners considering a career in STEAM, to build their confidence and skills so that they can plan successful careers in the STEAM sectors.

7 European partners have developed five Interactive Infographics for each STEAM subject:

- X** **Science**
- X Technology
- X Engineering
- X Arts
- X Mathematics

Each of the Interactive Infographics also address the following themes:

- X Motivation
- X Confidence
- X Career planning
- X** **Personal resilience**
- X Career management

Through the STEAMY WONDERS project, we have developed a suite of 35 Interactive Infographics – to support women to develop their careers in STEAM.

This handbook will help you to use one of these Interactive Infographics in your work with women. In this short handbook, you will be introduced to what an interactive infographic is, a little about the topic that is being addressed in this Interactive Infographic and you will then gain an insight into the activities that are embedded in this Infographic and some guidance on how they can be used best in a group of learners.



This short handbook addresses an Interactive Infographic developed to support female learners to develop their skills and competences in relation to science.

What is an Interactive Infographic?

An Interactive Infographic is an engaging educational experience for learners. The Infographics consist of learning materials that engage the user to “interact” with information. The STEAMY WONDERS Interactive Infographics are comprised of digital resources that are embedded into the Infographic poster through the use of QR codes. If you click on the QR codes in this Infographic, you will find a range of digital learning materials including educational videos, online magazine articles, online educational escape rooms, digital breakouts, games, quizzes, WebQuests. In this way, a simple poster can be brought to life and turned into an educational resource that you can use with young employees or with VET learners.

Through using an Interactive Infographic, you can ensure that female learners considering a career in the STEAM sectors can engage with education materials at a time that suits them – perhaps on a coffee break, or when waiting for a meeting or class to start – wherever the learner can view the Infographic, they can access the learning materials embedded in it. It is for this reason that it is important that the Infographics are displayed in locations that are accessible for female learners. To effectively use the Infographic, we would suggest that you print it out and display it in the hallways and canteen of your workplace, where employees and learners will have the opportunity to engage with the learning materials. In addition, we would suggest that you display these Infographics on community noticeboards, in community centres, libraries and other information hubs in your community, where learners can access the digital learning content embedded in the poster.

The Infographics can also be used in a facilitated session through classroom-based learning. We will discuss this use for the Infographics in this handbook.





Introduction to the topic

Science is often considered a male-dominated field. In fact, according to United Nations data, less than 30% of scientific researchers worldwide are women. Studies have shown that women are discouraged from, or become less interested in, entering the fields of science beginning at a young age. And according to numerous other researches, women remain underrepresented in engineering, computer science and physical science.

But despite challenges of gender discrimination and lack of recognition in the scientific community, countless inspiring women in these fields have made historic contributions to science and helped advance understanding of the world around us. Many were not recognized in their own lifetimes, but their achievements have helped generations of female scientists to come. From what is stated above, it is very clear that, to have a career in science, one has to be quite resilient, especially if you are a woman. That is why, through this infographic, we are encouraging young women to learn about resilience, how to work on it and how to use it in their careers.

Getting to know the Resources

In this section, we will provide you with a brief introduction to the digital resources and activities that we have embedded in this Interactive Infographic, and we will also give you some tips and hints for how these can be used to develop the key skills, attributes and attitudes required for women to succeed in STEAM careers.

What is covered in the Explainer Video?

To use this Explainer Video with female learners in a group in a facilitated training session, you can decide to use it as an introduction to the activity before you deliver the Digital Breakout, Online Educational Escape Room and/or WebQuest activity with your group of learners. Using the video in this way will give learners a short but detailed overview of the topic, and they will begin to learn some of the key vocabulary and concepts that they will need, in order to complete the challenge-based learning resources that are embedded further in the Interactive Infographic.



What is covered in the Quiz?

The aim of this quiz is to determine the female learners' aptitude and suitability for a career in science. As a trainer working to support the career progression of these learners, it is important that you ensure that this quiz is completed by learners before they commence the challenge-based learning resources contained in this Interactive Infographic. This will allow you to assess if the learner has a higher level of competence in one subject area, and you can use the results of this test to re-direct a female learner to one of the STEAM sectors where they have the highest aptitude.

This quiz is based on the HEXACO. This personality test will show the girls if they have the necessary resilience for a career in science. But keep in mind that resilience can be obtained and made stronger. Therefore it would be wise to let the girls finish the infographic no matter their results.

This quiz consists of 6 questions, which can be used to assess how resilient the girls are.

Depending on how the learner performs in this quiz, you can then advise the learner to complete the challenge-based learning activities from one STEAM sector or another. In addition, you can also advise if the learners should complete the challenge-based learning resources autonomously, as part of a small group for peer-learning or directly with your support and instruction.

What is a Digital Breakout or an Online Educational Escape Room and how can you use it?

A Digital Breakout or an Online Educational Escape Room are similar types of resources. They are both challenge-based learning resources – in that they pose learners with a set of challenges that they need to solve, using their critical thinking skills, to be able to progress to the next level and to ultimately solve the overall challenge being posed to them. These are unique resources that force learners to reflect on their prior knowledge and experience, critically evaluate challenges that are presented to them, solve clues and puzzles, and ultimately overcome a series of mini challenges, in order to progress. These digital resources are learner-centered and engaging for learners of all ages and abilities. They are built using Google Forms, and can be timed, so that learners only have a set time to solve the puzzles



and challenges posed to them. Learners, or teams of learners, follow a single storyline or scenario throughout the breakout, finding clues, cracking codes, solving puzzles, and answering questions. The purpose of a Digital Breakout is to teach learners about a specific topic or issue, in an engaging manner.

In this Digital Breakout the goal is to learn about some women who had the confidence and resilience to venture into space, to learn what it takes to become an astronaut and to learn that there are many supporting fields in science that make space exploration a reality.

Digital Breakouts can work both as an individual or group activity. You can choose to deliver the digital breakout in a group-work setting by having individual or small groups of learners completing the challenges and developing their own competence in relation to building a resilience to explore the possibility choosing a career in science. If using these resources in a group-work setting, ensure that you set a time limit to complete the challenges – this will add an air of competition to the breakout sessions!

What will learners achieve?

By completing the challenges in this Digital Breakout, female learners will achieve the following learning outcomes:

Knowledge	Skills	Attitudes
<ul style="list-style-type: none"> Theoretical knowledge of personal attributes required for career success in this sector. 	<ul style="list-style-type: none"> Research successful female role models in science. Solve challenges to build resilience when planning a career in science. 	<ul style="list-style-type: none"> Willingness to assess one's own motivation to pursue a career in the science. Awareness of the important role that women play in science. Openness to exploring career options in the science. Willingness to share what has been learned with other female professionals in a network.





		<ul style="list-style-type: none">• Openness to engaging in female networks in science.
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Debriefing questions:

Once learners in your facilitated workshop have completed the Digital Breakout, you can pose the following questions to them in an informal group discussion, so that you can gauge what they have learned through this experience:

- What do you think drove these women to go into space?
- Who inspired you the most?
- Have you changed your attitude towards a possible career in science?

(It is important that through these questions, learners are encouraged to reflect on what they have learned and can apply this new knowledge to their current employment or their career choices.)

What is a WebQuest and how can you use it?

A WebQuest is an inquiry-oriented activity in which most or all of the information used by learners is drawn from the internet. WebQuests are designed to utilise learners' time well, to focus on using information rather than on looking for it, and to support learners' critical thinking at the levels of analysis, synthesis, and evaluation. Every WebQuest has six parts that are considered vital. These include the introduction, the task, the process, the resources, the evaluation, and the conclusion. To support learners in accessing the information in a coherent manner, in the STEAMY Wonders WebQuests, we have fused the Process and Resources together, so that each step in the Process is followed by a range of useful links (Resources) to support learners to complete that step in the Process. WebQuests present a scenario in which a group of learners enhance and develop their knowledge and research skills whilst completing the objectives presented. WebQuests set learners a challenge and then provide links to reliable sources online where they can find information to support them to complete the challenge. By providing learners with these links, the aim of a WebQuest is to develop a deeper understanding of the topic being addressed among learners, because they are being asked to review information from different sources, analyse the content and then make up



their own mind about the topic. WebQuests are also used to ask learners to develop their own projects or activities, so they take responsibility for their own learning.

WebQuests are particularly useful for encouraging female learners to assess their competence, aptitudes and career opportunities in the STEAM sectors, as they allow for authentic learning experiences. By this we mean that learners are presented with a real-world scenario or problem that they may face in their daily lives, and they are supported to find solutions to address it. This means that their learning experience is grounded in developing practical solutions to problems they face, and so their solutions have a real-world application.

WebQuests also allow learners to reflect on their own skills and competences, and to identify how what they have learned through the WebQuest can be assimilated into their own skill set and used to enhance their career progression.

In this WebQuest the girls will discover what are some of the most interesting careers in science, what is a scientific method and a scientific process and what is personal resilience and how to make themselves more resilient.

WebQuests work best as small group activities. When completing the WebQuest that is embedded in this Interactive Infographic, learners should ideally work in groups of 2-3. When developing the WebQuest, we did not prescribe a time limit for completing the challenge. Depending on the availability of the learners completing this challenge, you are free to set a suitable time limit that is realistic and suitable for the learners you are working with.

To complete the challenge, learners will need access to the internet, access to a laptop, PC or smart device and a printed copy of the WebQuest so that they can work through the challenges and the steps in the process on their own. Learners should work collaboratively on this task, but independent from your instruction; therefore, it is important that you are there to supervise what they are doing, but that you do not get involved in how they complete the challenge. Through the WebQuest, learners should develop their own understanding of the topics covered, so it is important that they have the space and freedom to make sense of the topic for themselves.





What will learners achieve?

By completing the challenges in this WebQuest, female learners will achieve the following learning outcomes:

Knowledge	Skills	Attitudes
<ul style="list-style-type: none"> • Factual knowledge of available career pathways into science • Theoretical knowledge of personal attributes required for career success in this sector 	<ul style="list-style-type: none"> • Discuss career options in science. • Self-evaluate personal suitability to careers in this sector. • Self-assess skill deficits for a successful career in science. • Explore available career options. 	<ul style="list-style-type: none"> • Willingness to assess one's own motivation to pursue a career in the science. • Openness to exploring career options in the science. • Openness to engaging in female networks in the science. • Willingness to self-evaluate to identify skills and attributes needed to succeed in science.

Debriefing questions:

Once women in your facilitated workshop have completed the challenges as part of the WebQuest, you can pose the following questions to them in an informal group discussion, so that you can gauge what they have learned through this experience:

- Do you find some of the jobs listed in the WebQuest interesting? Which one?
- What do you think of science skills? Do you think you could develop some of them?
- What do you think about personal resilience? Is it important? Would you like to work on your own resiliency?

(It is important that through these questions, learners are encouraged to reflect on what they have learned and can apply this new knowledge to their current employment or their career choices.)



STEAMY WONDERS

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